

PATRICIA P. PATTERSON

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REGISTERED MENTAL HEALTH COUNSELOR/EDUCATION PROFESSIONAL

PROFESSIONAL PROFILE

A highly skilled and dynamic counselor dedicated to providing exceptional professional care for children, adolescents, and adults experiencing grief or loss due to divorce, death, mid-life, career, or other such transitions. Demonstrated track record of success working with diverse patient and student populations. Graduate training with emphasis on attachment, family systems, and psycho-dynamic theories. An effective motivator, communicator, writer, administrator, advocate, and educational resource with over 25 years of practical experience in human service-related environments. Team-oriented; consistently recognized for ability to establish and maintain solid relationships with co-workers, administration, students, parents, and the community.

CORE COMPETENCIES

- *Mentor/Advisor*
- *Compassionate Listener*
- *Grief/Bereavement Counselor*
- *Relationship-Building*
- *Group Facilitator*
- *Special Education Training*
- *Instructional Development*
- *Curriculum Development*
- *Life Skills Training*

EDUCATION & HONORS

Mars Hill Graduate School, Seattle, Washington

Master of Arts in Counseling Psychology

Graduated: May 2007

3.84 GPA

Whitworth University, Spokane, Washington

Bachelor of Arts Degree in Education, Summa cum Laude

Scholarship Recipient, Education Department Honors

3.95 GPA

FORMAL TRAINING & PROFESSIONAL DEVELOPMENT

- Registered Mental Health Counselor, Washington State, License #RC60042369
- 12-Week Grief and Bereavement Course on Understanding Your Grief by Alan Wolfelt, Fall 2008
- Art Therapy with Difficult Clients, Lisa C. Williams, MA-ATR, LPC, Fall 2008
- Graduate coursework includes: Group Therapy - the Healing Context of Community, Counseling Children, Human Growth and Development (*with emphasis on Attachment Theory*), Marriage and Family (*from a Family Systems Perspective*), Prayer, and Spiritual Direction
- Intern, Idaho Home Health & Hospice, 2006 - 2007
- Idaho Home Health and Hospice Classes:
 - Presenter, Anger and the Grieving Process Seminar, April 2007
 - Audio Web Seminar on Interdisciplinary Spiritual Care: Perspectives, Practices and Case Studies, NHPCO, Fall 2006
 - Video Training on Living with a Life-Threatening Illness: A Caregiver's Perspective by Barbara Karnes, Fall 2006
- Elementary/Middle School Classroom Tutor, 1978 - 2002
- Seminar Co-leader for High Schoolers, Young Life Camp Malibu, 1996 -1999
- College-Aged Summer Staff Coordinator, Young Life Camp Malibu, 1999
- K - 8th Grade Home School Teacher, 1990-1996 (*selected/wrote curriculum in several subjects*)
- Preschool Teacher, 1982-1984
- Instructor for the Handicapped, 1981-1982

PROFESSIONAL EXPERIENCE

Horizon Air **Hailey, ID** **Oct. 2002 - Jul. 2008**
Customer Service Agent

- Carried out flight activities and managed customer service and aircraft operations responsibilities.
- Provided exceptional service to the public and ensured patron satisfaction; quickly and effectively solved customer challenges.
- Handled multiple incoming telephone lines; answered the Horizon Air/Alaska reservations line.
- Completed CARE (emergency trauma response team) training, May 2007.
- Continually developed and maintained working knowledge of internal policies, procedures, and products.
- Excelled in a fast-paced, high activity, team oriented environment.

Idaho Home Health & Hospice **Twin Falls, ID** **Sept. 2006 - Apr. 2007**
Intern

- Provided grief and bereavement counseling to individuals and families on a weekly basis; assisted them in dealing with end-of-life matters.
- Worked with other community members to create and promote Kids Count Too, a children's bereavement group.
- Researched, developed, and provided in-services to caregivers on Anger and the Grieving Process.
- Proactively encouraged and opened the lines of communication between family members, caregivers, and medical professionals.

Young Life **Ketchum, ID** **Mar. 1992 - Aug. 1995**
Administrator/ Mommy & Me Coordinator **Oct. 2001 - Aug. 2003**

- Developed, coordinated, and executed various aspects of a non-denominational program for middle school and high school students
- Collaborated with staff members, adult committee members, volunteer leaders, and students.
- Co-organized all aspects of a national Marriage Conference for over 100 Young Life staff members from inception to successful completion.
- Organized a program for teenage moms and their babies to provide emotional, physical, and spiritual support.
- Volunteered at the on-site high school day care; solicited helpers, developed monthly dinners/meetings for the girls, and established several weekend camps.
- Launched a weekly summer program through the school district that helped address the needs of both the mothers' and their children.

Presbyterian Church of the Big Wood **Ketchum, ID** **Aug. 1997 - Sept. 2000**
Children's Ministry Director

- Expanded and maintained ministry programs for over one hundred and fifty (150) children ages 1-12.
- Recruited and instructed more than twenty (20) teacher volunteers.
- Wrote, selected, and implemented curriculum.
- Taught curriculum to children; assisted other teachers in doing so.
- Partnered closely with a leadership team of over ten (10) women to give oversight to the program.
- Planned and directed various activities and events.
- Created a weekly program to meet the identified needs of 5th and 6th graders; hired and trained a director.

VOLUNTEER EXPERIENCE/AFFILIATIONS

- Girl Scout Troop Leader (K-7), 2000-2007
- Volunteer Leader, Young Life Spring Break Mexico Home Building Trip, 1999-2004
 - Foster Parent, Washington State Foster Care Program, 1985-1987
 - Volunteer Young Life leader, Ferris High School, Spokane, WA, 1980-1984
- Volunteer Young Life leader, Fairhaven Middle School, Bellingham, WA, 1979-1980

References and Supporting Documentation Furnished Upon Request